

CAGE-AID Questionnaire

The CAGE-AID is often used to assist someone in screening for problems with alcohol or drug use. When thinking about drug use, include illegal drug use and the use of prescription drug other than as prescribed.

Questions:	YES	NO
1. Have you ever felt that you ought to cut down on your drinking or drug use?	<input type="checkbox"/>	<input type="checkbox"/>
.....		
2. Have people annoyed you by criticizing your drinking or drug use?	<input type="checkbox"/>	<input type="checkbox"/>
.....		
3. Have you ever felt bad or guilty about your drinking or drug use?	<input type="checkbox"/>	<input type="checkbox"/>
.....		
4. Have you ever had a drink or used drugs first thing in the morning to steady your nerves or to get rid of a hangover?	<input type="checkbox"/>	<input type="checkbox"/>

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Please note that these screening instruments are only screening tools and the proper way to be assessed is with a mental health or addiction professional. Such screening instruments are never a substitute for a good professional evaluation. If you are experiencing difficulties with alcohol or substance use, please call a mental health or addiction professional. If you need assistance in finding a professional, please call POPPA at 1-888-COPSCOP (888-267-7267).